



**Urgent Care**

**VS**

**Emergency Room**



**Knowing when to go to Urgent Care or the ER can be confusing**



**Strains or Sprains**



**Cough or Sore Throat**



**Heart Attack Symptoms**



**Broken Bones or Dislocations**



**Cuts that Need stitches**



**Eye Irritation or Redness**



**Chest Pain Heaviness**



**Shortness of Breath**



**Rash or Allergic Reactions**

And when accidents happen or sickness strikes, deciding where to go for help in the moment can be hard. The most important thing is to get the right care, from the right place.



**Symptoms of Stroke**



**NORTHBAY™  
HEALTHCARE**